

# Jan Vávra



## ACADEMIC PROFILES AND CONTACT

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## MAJOR RESEARCH TOPICS

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- Food systems and informal food production
- Environmental sociology (climate change, carbon footprint, soil erosion)
- Sustainable and regional development, inequalities in education

## EDUCATION

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**2002–2012**      **Theory of Culture (Culturology) – Faculty of Arts, Charles University**  
2008 Mgr. (MA equivalent), 2009 PhDr., 2012 PhD

## SELECTED WORKING EXPERIENCES

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Faculty of Education, University Hradec Králové; Faculty of Theology and Faculty of Economics University of South Bohemia in České Budějovice; Institute of Sociology and Institute of Systems Biology of the Czech Academy of Sciences; Faculty of Social and Economic Studies, Jan Evangelista Purkyně University in Ústí nad Labem; Institute of Language and Preparatory Studies, Charles University; People in Need; editorial board of European Countryside

## PROJECT EXPERIENCE

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7<sup>th</sup> Framework Programme EU, Horizon 2020, COST, Czech Science Foundation, Technology Agency of the Czech Republic, EU operational programmes

## TEACHING

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Sociological, methodological and socio-environmental BA, MA and PhD courses at Charles University, University of South Bohemia in České Budějovice and Jan Evangelista Purkyně University in Ústí nad Labem

## SELECTED PUBLICATIONS

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**Vávra, J.**, Jehlička, P., Ohno, M. (2025). Do Green Fingers Munch on More Fruit and Veg? Health Effects of Home Gardening. *Urban Agriculture & Regional Food Systems*, 10(1), e70014.

Daněk, P., Sovová, L., Jehlička, P. **Vávra, J.**, Lapka, M. (2022). From coping strategy to hopeful everyday practice: changing interpretations of food self-provisioning. *Sociologia Ruralis*, 62(3), 651–671.

**Vávra, J.**, Megyesi, B., Duží, B., Craig, T., Klufová, R., Lapka, M., Cudlínová, E. (2018). Food self-provisioning in Europe: An exploration of socio-demographic factors in five regions. *Rural Sociology*, 83(2), 431–461.

**Vávra, J.**, Daněk, P., Jehlička, P. (2018). What is the contribution of food self-provisioning towards environmental sustainability? A case study of active gardeners. *Journal of Cleaner Production*, 185, 1015–1023.